



OBLIGATORY IN ORAL CAVITY PRE-CANCEROUS DISEASES

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Diseases of the oral cavity.

Article history:	Abstract:
Received: October 10 th 2024 Accepted: November 8 th 2024	Obligatory precancerous diseases in the oral cavity are pathological conditions noted in epithelial tissues, which increase the probability of cancer development. Such diseases include leukoplakia, erythroplakia, some forms of lichen planus, and others The article describes the clinical manifestations, pathogenesis and diagnostic methods of obligate precancerous diseases in the oral cavity. Also, the probability of these cases turning into cancer and preventive measures are considered. The importance of etiotropic and symptomatic approaches to treatment, as well as the need for regular control, are emphasized. The results of the research are aimed at creating an opportunity to prevent oncological diseases by early detection of pre-cancerous diseases in the oral cavity and taking effective treatment measures against them.

Keywords: Oral cavity, Obligatory precancerous diseases, Leukoplakia, Erythroplakia, Lixen planus, Cancer prevention, Pathogenesis, Diagnostics, Treatment, Oncology.

Cancer, like cardiovascular diseases, poses a serious threat to human health. According to experts, the number of patients with this type of disease has increased in recent years. So is the death rate.

The most common type of malignant tumors is observed in lungs, breast in women, prostate in men, followed by stomach and liver, and other body organs. Screening examinations play an important role in its prevention and treatment. Because diseases are detected early in the process of screening. Early detection of the disease is easier to treat accordingly.

Chemotherapy, light therapy, immunotherapy, hormone therapy, hyperthermia (treatment by applying heat to the tumor), cryodestruction (freezing and disintegrating the tumor), photodynamic therapy methods are used to treat these types of diseases, - says the Republican Scientific and Applied Medical Center of Oncology and Radiology Ikram Ergashev, head of the radiology department of the Sirdarya regional branch. A year and a half, two years ago, the Syrdarya regional branch had other treatment methods besides light therapy. It was also very effective in the treatment of this type of disease. But since our light therapy equipment was not available, patients had to go to Tashkent in many cases. This was excessive time, excessive cost, and caused the patient's financial situation to deteriorate even more.

Obligatory precancerous diseases of the oral cavity are important for doctors and dentists, and their early detection and proper treatment play a decisive role in

the prevention of oncological diseases. The main types of these diseases are:

1. Leukoplakia. Oral leukoplakia is the most common precancerous condition. It appears with white spots and is divided into the following types:

Simple leukoplakia (hyperkeratosis);
Verrucous or leukoplakia in the form of a base;
Erosive or ulcerative leukoplakia.

2. Erythroplakia. Erythroplakia is in the form of red spots or erosions.

It has a high risk of developing cancer.

3. Lichen planus of the oral cavity. This disease manifests itself in different forms: there are reticular, erosive and atrophic forms.

Atrophic or erosive forms increase the risk of turning into cancer.

4. Keratoacanthoma. This is a condition associated with hyperplastic growth of the epithelium, most often found in the squamous epithelial areas of the oral cavity.

5. Oral cavity masses. Actinic is especially important. Proper treatment can prevent it from turning into cancer.

Early diagnosis and effective treatment can reduce the risk of these conditions turning into cancer.

Obligate precancerous diseases in the oral cavity consist of a group of complex pathologies, each of which is distinguished by its own characteristics and the risk of transition to cancer. Below we explain these diseases in more detail:



When describing the clinical symptoms of diseases, we we mainly focused on the changes in the oral cavity. The doctor-dentist first looks for these signs should be mastered. Internal depending on the nature of the disease specialists related to changes identified in organs and systems will be clarified by sis. In addition, the doctor-dentists treat visceral pathologies and other concomitant diseases together with competent specialists. Therefore The information that dentists need to learn is simple. We tried to explain clearly and clearly in the language. In addition, in the manual to biochemical and immunological examination methods, they-the diagnostic value of is emphasized.

SUMMARY.

Obligate precancerous diseases in the oral cavity are conditions with a high risk of developing into cancer. If they are not detected and treated in time, they can turn into malignant tumors. Early diagnosis and preventive measures are crucial in preventing these diseases and reducing the development of oral cancer. That's why it's important to be careful about dental checkups and changes.

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