



## WHAT DIFFICULTIES ARISE WHEN LEARNING A FOREIGN LANGUAGE?

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### Abstract:

This article discusses various difficulties in learning a second language that prevent students from speaking a foreign language fluently. And also, the author gives useful solutions for these problems. This article may be useful for students studying a foreign language.

**Keywords:** Difficulty, Foreign Language, Language Barrier, Vocabulary, Goal Setting, Time Management, Planning

### INTRODUCTION

Currently, learning a foreign language is one of the priorities, so many people are trying to learn it in order to learn about the culture of another country, study or work abroad or travel the world. When you are learning something new, of course, you may have some difficulties. Learning foreign languages is a very time-consuming and costly process. Therefore, anyone who

would like to master a particular foreign language should strive to ensure that the learning outcomes meet expectations and investments.

### RESEARCH METHODOLOGY

I conducted a small survey among students who study foreign languages.

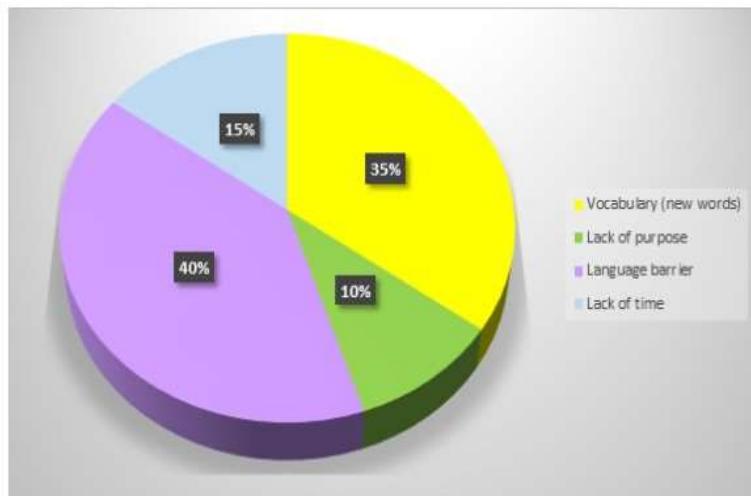


Рисунок 1. Difficulties with learning a foreign language

In the diagram, you can see that 40% of respondents have problems with the language barrier. What is a language barrier? The language barrier arises sometime after the start of learning the language, when the initial stage of learning has already been completed, a sufficient vocabulary has been accumulated, and the principles of constructing sentences have been studied.

There comes a moment of the need for the first practical application of skills, and it is at this moment that a person simply falls into a stupor. At this moment, a person may simply not understand the phrase that needs to be answered, cannot find the right foreign words or compose a phrase, or is simply afraid of losing face in front of the audience - making a mistake<sup>1</sup>.

<sup>1</sup> Shamshurova Marina Yurievna, Krestyaninova Alina Sergeevna Language barrier in modern society // Science without borders. 2017. No. 11 (16). URL:

<https://cyberleninka.ru/article/n/yazykovoy-barier-v-sovremennom-obschestve> (date of access: 08/14/2022).



Let's look at the methods of getting rid of the language barrier using the example of English:

- ✓ Communicate more often
- ✓ Try to write to your friends in instant messengers at least once a day (if it is very difficult for you to immediately start personal communication).
- ✓ Practice a foreign language at home: read, listen to podcasts, watch series.
- ✓ Find the words of your favorite song on the Internet, print them out and read them several times.
- ✓ Try to make a story out of the song, turn it into a dialogue.
- ✓ Thinking in your native language. It is found in almost everyone who starts learning the language and even those who have been learning it for a long time.

The bottom line is that a person thinks in his native language, translating it into a foreign one. This makes communication difficult and makes phrases too verbatim. Learning to overcome the language barrier in your thoughts is extremely important, otherwise you will not be able to speak English fluently<sup>2</sup>.

Then, the second difficulty for respondents is vocabulary (new words). Yes, learning new words is a difficult task, especially if your native language is another language. Based on my own experience, I can say that there are many ways to increase your vocabulary. The most effective of them is learning words by listening to music and watching movies with subtitles. But I myself learn new words by assimilation. That is, for example, I take one English word and find such words (in my native language) that sound like this new word. In addition, to replenish your vocabulary, I recommend that you read scientific articles or books. This will help you not only improve your vocabulary, but also get acquainted with academic words. But the problem is that many students know new words, but they cannot use them in their speech because they are afraid of making mistakes. To use them correctly, again, you need to listen to podcasts and always remember that all people make a mistake at least once, you just need to overcome this fear in yourself and speak freely.

The third problem that interrupts the study of a foreign language is incorrect time management. Many students mismanage their precious time. The problem is that they don't plan their days.

The absence of at least minimal planning and organization in life leads to an inefficient expenditure of energy, money and time by a person, and the output turns out that the day passes in a rush, and nothing is really done, stress and fatigue arise, dissatisfaction with oneself grows. The task of time management is to save a person from inefficient waste of an invaluable resource — time. Think about what you do, who you communicate with, what you spend precious minutes on. You can't learn manage time and at the same time do not value your own and other people's time. Without a plan, reaching your goals tends to be a hit-or-miss proposition, and time is easily wasted. Without a plan, you may find yourself reacting to the demands of others rather than focusing on your own goals. Without a plan, you will miss the benefits that come from using effective planning skills. Before considering the benefits of effective planning, perform the self-audit on the next page, and identify your strengths and areas for improvement with regard to planning<sup>3</sup>.

Finally, the fourth problem is lack of purpose. From diagram, we can see that 10% of respondents have difficulties with setting goals.

The goal is idealized encapsulation of the result of any action and the ways to realize it with the assistance of particular tools. It is closely associated with the wants and eagerly of an individual, with his thought of a perfect future, with the will of the person and awareness. The properties of objectives (rightness, shared consistency, versatility and profundity) depend on the nature of the arrangement and changeability of the personality. Depth areas the level of impact of the target on different regions of life. This property characterizes the assignments of the key plan. Consistency may be a property that appears the relationship of a given objective with others, their shared influence. Plasticity is the property of changing over time. Due to slow arrangement of values, the objectives of the worldwide viral level moreover tend to transform. Correctness demonstrates the level of

<sup>2</sup> Бабаян В.Г., Киргуева Р.А. РАСПРОСТРАННЕННЫЕ ТРУДНОСТИ В ИЗУЧЕНИИ ИНОСТРАННОГО ЯЗЫКА // Международный журнал прикладных и фундаментальных исследований. – 2016. – № 11-4. – С. 600-602; URL: <https://applied-research.ru/ru/article/view?id=10592> (дата обращения: 13.08.2022).

<sup>3</sup> Умаркулова, Д.С. Тайм-менеджмент для студентов / Д.С. Умаркулова. — Текст: электронный // NovaInfo, 2022. — № 131. — С. 115-117. — URL: <https://novainfo.ru/article/19078> (дата обращения: 16.08.2022).



consistency of the settings of the strategic and vital arrange<sup>4</sup>.

In addition, students have other difficulties, such as poor motivation or criticism of themselves. But they will be able to overcome these difficulties and learn the language for this you need a little bit of courage and confidence.

### **CONCLUSION**

Thus, in order to avoid mistakes and difficulties in learning second foreign language, it is recommended to motivate students, presenting all the positive aspects of learning a second language; use practical material; apply exercises using knowledge the first foreign language, while pointing out possible options mistakes that can be made by the student.

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