



INSTRUCTION OF NATIONAL AND UNIVERSAL VALUES THROUGH THE HERITAGE OF OUR ANCESTORS IN ORGANIZING A MODERN FAMILY

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| Article history: | Abstract: |
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| Received: 6 th May 2023 Accepted: 6 th June 2023 Published: 4 th July 2023 | This article describes the family, education and upbringing issues in it, how to organize a modern family, how to instill education into the family through the heritage of our ancestors, bring it, how to teach the organization of national and universal values in the family, religious and explained from a secular point of view |
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The family is the support of society, the fortress of human happiness. Therefore, strengthening the institution of the family has become one of the priorities of state policy in our country today. His socio-spiritual perfection is the basis of the state and society's well-being. In fact, the well-being and prosperity of society and the state depend on the modernity of families and the strength of its spiritual and moral foundations. For this reason, special attention is being paid to the issues of legal, socio-economic and spiritual protection of the family's interests in the context of fundamental reforms implemented in our country.

The President of the Republic of Uzbekistan on February 18, 2020 "Measures to improve the socio-spiritual environment in society, further support the neighborhood institute and bring the system of working with family and women to a new level" Decree No. PF-5938 serves as a methodological basis for forming a modern family and improving the efficiency of its socio-economic and spiritual foundations.

The main goal of improving the family institution in our country is to build a modern family. What kind of family is a modern family? First of all, it is necessary to find an answer to this question.

In our opinion, it is a contribution to the development of the state and society with its peace, well-being and stability, based on the requirements of universal and national, spiritual and moral values, modern best practices, happiness index, which fully demonstrates the components of family competence. family that adds means modern family.

A family formed in accordance with the requirements of that society is a modern family.

Today's modern family should meet the following principles:

- establishing a family based on mutual love and biological compatibility; reproductive and sexual maturity;
 - self-sacrifice, initiative and creativity for the economic and social well-being and stability of the family and society;
 - devotion to national family values;
 - to have the skills and abilities to create a healthy spiritual and spiritual environment;
 - compliance with communicative competence criteria;
 - having a family business culture;
 - "Protect your child, your home, your Motherland like the apple of your eye!" devotion to the motto;
 - to be inoculated with the "honesty vaccine" and follow the idea of "enlightenment against ignorance";
 - family life, hard work; observance of international and inter-ethnic harmony.
- Research also shows that the modern family has its own model, and it is natural that it is multifaceted and comprehensive in form and content. The rapid beginning of the "Third Renaissance" in Uzbekistan can be the basis for the rapid formation of modern families. Of course, it has its own model, which essentially includes the following priorities:
- the fact that the family is under the protection of the society and the state, its legal basis;
 - economic well-being of the family;
 - social stability of the family;
 - moral and spiritual formation of the family;
 - completeness of the family;
 - satisfactory educational level of the family;
 - demographic strength of the family;
 - spiritual and physical health of the family.



It is necessary for future brides and grooms to prepare for modern family life under these priorities. Young people in building a modern family "Healthy family - healthy society", "Family - in the protection of society and the state", "Prosperous family - the basis of a prosperous society", "Family - hearth of spirituality", "Family - based on conceptual ideas such as "mirror of society", it is required to gradually form knowledge, skills and abilities regarding the priority directions of the components of the Uzbek family model. Therefore, in order to prevent conflicts, conflicts, oppression, disturbances and separations in families, the commissions for strengthening family values are working in the community gatherings of our Republic.

In almost all the works created by our ancestors over the centuries, education, upbringing and manners have been its main content. The extremely valuable ideas about family and legal marriage etiquette, the relationship between parents and children, their duties and responsibilities, marriage and choosing a bride, contained in the holy book of Zoroastrianism, "Avesta", have not lost their importance even today. Also, "Avesta" contains a number of opinions about family-marriage relations, family duty and child upbringing.

Abu Abdullah Muhammad ibn Ismail al-Bukhari, Abu Isa Muhammad ibn Isa at-Tirmidhi, Abu Muhammad Abdullah ibn Abd ar-Rahman ad-Dorimi al-Samarkandi Beruni, Ibn Sina, Khorezmi, Farghani, who are considered spiritual ambassadors for our people. many muhaddis have come out.

In the works created by great scientists, special attention is paid to ethics and attitude to science. Not only the works of our ancestors, but also they themselves were famous as people who can be an example for everyone in education and training. Of course, their family environment played a major role in the formation of these people as great scientists. The parents or close relatives of scholars were the main reason for bringing great people into the world of science from a young age.

According to sources, the mother of Imam Bukhari (810-870) was an extremely intelligent, pious and virtuous woman, who was very worried about her son's eyesight and always prayed for his sight to return. Imam Bukhari, who lost his father at an early age, was the main educator and pioneer on the path of knowledge. As a child, he respected his mother very much and encouraged others to respect their parents as well.

According to Imam al-Bukhari, in his works "Al-Jome' as-Sahih" and "Al-Adab al-Mufrad" ("Masterpieces of Morals"), which are recognized as the second spiritual source after the Holy Qur'an,

morals, decency, encouraged children to respect their parents, honor their mother, be kind, study science, be pure and have faith. Imam al-Bukhari, in addition to teaching the Taliban in the madrasah, also set their salaries. It is noted in the sources that he always financially supported the poor and the people of knowledge. His description as a pure and pious person was recognized by many of his contemporaries. It is also noted that he does not indulge in extravagance and wasteful spending in his personal life, and that he is an extremely patient person.

Imam Bukhari's masterpiece "Al-Jame' al-Sahih" is an unparalleled spiritual heritage left to mankind, and is the second most revered source in Islam after the Holy Qur'an. "Al-Jame' al-Sahih" is a work of both religious and worldly importance. He urges every person, regardless of his or her sect, to have faith, to imbibe the virtues of honesty, purity, and truthfulness, to devote his life to goodness and meritorious deeds, to leave a good name for himself. wattage. It is rich in such wonderful ideas and teachings about family, child education, honoring parents, being knowledgeable, and loving the Motherland that they have universal value according to their importance. It describes the problems of everyday life, manners, clothing, behavior, painting, trade, and other issues that the human child faces every day and that contribute to the upliftment of society.

The rapid onset of the "Third Renaissance" in Uzbekistan creates the ground for the rapid formation of modern families. In this process, the peoples of the world are becoming more interested in knowing the experience of the Uzbek family, and the Uzbek people are becoming more interested in the experience of the family of the peoples of the world.

In fact, different nationalities and peoples around the world have different views and attitudes about family building and strengthening it, and they can have a positive or negative effect on families of other nations.

At the same time, there are some situations that have become common in the family, and there is a possibility of negatively affecting the formation of our modern families.

- the superficiality of relationships regarding the fact that the family is a holy fortress;
- extreme freedom in relationships between young men and women, in marriage, in the way of living as a family, in cases of divorce, not to rely on the opinion of parents;
- not treating marriage as a high value (most families live on the basis of civil or sharia marriage);
- very early onset of sexual relations from adolescence;



- lack of obligation to preserve virginity in young girls;
- opening the way to free sexual relations and creating special conditions for them;
- the emergence of a habit of comparative imitation of the traditions of other peoples and nations, not from the point of view of national values in relation to family building;
- when making a decision on this or that issue, the spouses make an independent decision without mutual agreement;
- extreme distance from oriental manners in dressing, parenting, organizing lifestyle, childbearing, kinship duties and duties;
- each person in the family should live according to their individual lifestyle;
- neglect of same-sex marriage;
- the valuelessness of the moral and moral foundations of the family;
- group sexual relations;
- making young people start a family without being ready for family life, etc.

In fact, the main criterion for building a modern family free from such negative effects is its construction on the basis of a spiritual and moral foundation. Research and life experience show that only then can he be strong and happy.

The spiritual and moral foundations of the modern family are universal and national values. Because the moral improvement of the society is achieved by further developing the spiritual and moral foundations of the family, preserving and strengthening its ancient values. Establishing a spiritual atmosphere in the family, resisting various harmful influences that are completely alien to our national mentality will further increase the role and importance of the family in society. Its main sources are:

- Views on the family expressed in the heritage of Eastern and Western thinkers;
- examples of folk art;
- national and universal material and spiritual values;
- legal and regulatory documents on improving family spirituality (laws adopted by the Supreme Council, ratified international legal and regulatory documents, decrees, decisions and orders of the President of the Republic of Uzbekistan, decisions of the Cabinet of Ministers, decisions of ministries and agencies public documents, scientific-methodical works of specialists-scientists, etc.);
- works of literature and art;
- Media materials, TV and radio shows and broadcasts;

- vital advanced international and national experience.

On the basis of these sources, the following spiritual and moral criteria of the modern family are improved: sanctity of the family, family-legal culture, psychology of family life, family economy and budget, issues of strengthening spiritual and moral values, secrets of economics, family hygiene, the basics of reproductive health and sexual education, following the rules of a healthy lifestyle (dressing, eating, personal hygiene, maintaining physical health), following the rules of everyday life, self-control in any situation, modesty, patience, orderliness, mediocrity, discretion, speaking within the framework of decency, being neutral from various immoral vices, religiousness, conscious discipline, having a sense of national pride, behavior, rules of conduct, national love for family values, following the culture of livelihood, respect for elders and respect for children, showing love for literature and art, respect for customs, traditions, language, religion and culture of different nations, tolerance, work culture, rules of a healthy spiritual environment, dress culture, communication culture, modern housewives' rules of etiquette, strengthening spiritual and moral values, socio-spiritual aspects of parenting, early marriage, early childbirth, marriage between relatives, divorces, family disputes, conflicts, causes and harmful consequences of violence and oppression, child rearing and its characteristics, orphanhood, sharia negative consequences of marriage etc.

Therefore, the purpose of spiritual and moral education is to make a person conscious of the universal and national moral rules accepted by humanity in harmony with modern moral criteria in everyday life and practical activities through his behavior and behavior. means to manifest.

These criteria are whether the spiritual environment is healthy or unhealthy; calm or restless; complete or incomplete; in need; low-income, bereaved; have different nationalities, religious beliefs, social status; intellectuals, workers-entrepreneurs and other categories of families will be improved based on their characteristics. Of course, the organizational competence of parents, local community assembly officials and other officials plays an important role here.

Taking into account the above, the organization of spiritual and educational work organized in families in cooperation in individual, group, collective, public form, the social needs and demands of the youth, parents, educators and the public, the character of the educational institution, it is important to take into account the spiritual and



cultural interests of the region and territory, geographical location and demographic situation.

Thus, it is appropriate to widely use innovative educational technologies in improving the modern family and its spiritual and moral foundations. Including multimedia resources, educational and fiction literature, electronic information and communication technologies, special television and radio columns and reports, social projects, scientific and popular, artistic and multiplication and documentary films, electronic educational resources, special interactive web projects, audiovisual and the use of other means will inevitably have its effect.

The variety of educational methods used in ensuring the effectiveness of modern family formation plays an important role. According to the purpose, content, theme and character of the spiritual and educational work, the use of question and answer, work in small groups, story, round discussion, discussion, cluster, brainstorming and other methods will give positive results.

In particular, it plays an important role in studying public opinion, monitoring the results of education, improving its content, and choosing the right form and methods of work. To determine the methodological basis of this study; defining the content and principles; selection of effective methods; it is necessary to clearly determine the ways of analysis, drawing conclusions, giving recommendations.

Development of the modern family, internal relations in the family, interpersonal relations, conducting fundamental, practical and innovative research on the problems of rich cultural and historical heritage and traditional family values, strengthening their spiritual and moral foundations, preparing young people for family life are priorities. important results are achieved on issues.

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