



## **SOCIAL PEDAGOGICAL PRINCIPLES OF PREPARING STUDENTS FOR FAMILY LIFE**

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<b>Received:</b> 24 <sup>th</sup> May 2023 <b>Accepted:</b> 24 <sup>th</sup> June 2023 <b>Published:</b> 26 <sup>th</sup> July 2023	Today's in the day Uzbekistan 62% of the population the children, teenagers, in short, up to 30 years old has been boys and girls, their known part while young families organize is enough. Young families are one of the important subjects of social-political, economic, cultural-spiritual renewal and development of the society, and they play an important role in influencing the complex processes taking place in social life and driving development. plays Therefore, at present , the deep and comprehensive analysis of the formation and development of the spiritual, moral and spiritual world of young families is of great importance from a scientific and practical point of view .

**Keywords:** Children, teenagers, boys and girls, family, parents, foundation, state, marriage, scholars, space.

From this point of view, the formation of strong families, social protection of motherhood and childhood, creation of favorable conditions for the birth of physically healthy and mentally strong children in families, and effective family education in the process of establishing a strong relationship between families and the public issues of creating cooperation are being paid attention at the level of state policy[11].

The stability of the so-called family, the sacred space, the "family castle" depends on the features of the pre-marital factors that are the foundation of this castle, and how well they are properly and firmly established. If this foundation is mature and solid, the building built on it will be beautiful, bright, and will provide comfort, peace, peace, and happiness to its residents. your family also has its own foundations. They are premarital factors that are the basis for the creation and construction of this family[12]. If the influence of these pre-marital factors on the formation of a family is inappropriate, if it is built hastily, emptyly , crookedly , then the wall of the family building built on top of it will become crooked and a deposit, and it will become a part of this building. it poses a risk of falling and breaking. Even if the building built on such a foundation does not collapse or break down , it cannot give peace, peace, and joy to its inhabitants. They always have to live in some kind of anxiety, worry, discomfort, and embarrassment [7]. So, what are these foundations, that is, pre-marital factors? Speaking of pre-marriage factors, it should be noted that pre-marriage factors are the basis of many social, economic, biological, physiological, spiritual, moral and for today's marriages. It consists of a complex of multifaceted factors, which includes the most important psychological factors, and determines the "maturity" of young people who are building a family.

Here, the most important thing is that these young people can properly meet the requirements of family life and marriage[10].

In the East, serious importance has been attached to the preparation of young people for family life since ancient times. Scholars such as Abu Nasr Farabi, Abu Raikhan Beruni, Abu Ali Ibn Sina, Yusuf Khas Khajib, Kaikovus, Alisher Navai, and Rezauddin Ibn Fakhridin have left their masterpieces in history, which have not lost their importance until now. They have reached us in the form of "Admonition", "Pandnoma", "Hikmatnoma". In these sources , various events of educational significance are told about the fact that in preparing girls for life, first of all, human qualities are formed in them, the family is sacred, and it is up to the housewives to protect it carefully. "Kaikovus Unsurulmaoni - at the age of 63, wrote "Nightmare" to his son, in which he described his issues of child upbringing, family life, and personal development [8].

Vasila Karimova, one of the leading psychologists of our country, "Family Enlightenment" is the first of the pamphlets published by the author of this brochure in the "Family Enlightenment" column. intended for married brides and grooms. In it, the main attention is focused on the essence of family science, the factors that make up family enlightenment, and the aspects of living a happy life that are actually known to everyone, but are not always easy to acquire in practice [ 9]. The author intended to achieve "Family Enlightenment", i.e. to achieve stabilization of moral values in the family environment by increasing the literacy of brides and grooms, young people and their parents[13].

A. Avloni "Education is a matter of life or death, salvation or destruction, or happiness or disaster"



should not fall from the Uzbek's agenda . Because, like before, the old people call the young people to good manners, and the young people respect them and follow their advice. Everyone doesn't like someone who is busy with himself . SVKovolyov says that it is very important for teenagers and girls to have ideas about the concepts of family and marriage [14]. The concepts of marriage and love are shown by the fact that 13-15-year-old children are opposite concepts, that is, they understand that love and marriage are opposite concepts. When choosing a life partner among students, the concept of love is only in 4 places, that is, after qualities such as respect, trust, mutual understanding. Young people do not take family seriously[15]. As a result, they make many mistakes and later psychologically recognize the importance of family. Our main task is to teach teenagers the value of family, the importance of love, marriage and the role of love in the family and that it is the guarantee of a long and happy life.

The concept of maturity for marriage is also a very complex and relative concept. Because a person is a creature that constantly develops and improves, regularly reaches new heights in professional activity or spiritual and moral development[21]. If we talk about the "full maturity" of a person in this or that activity , it means that he has reached a certain limit and cannot develop further. Therefore, when talking about the maturity of a person for marriage or any activity, the concept of "maturity" cannot be appropriate in a narrow sense . That is why, when talking about the "maturity" of a person, especially "maturity" for marriage and family life, this concept is a certain generally accepted standard, an average norm, a certain conditional "unit of measurement". used only as indicators and such[24]. For example, for all educational institutions (schools, high schools, colleges, institutes) there will be graduation exams (system of state exams, thesis defense systems, etc. ) it will be possible to determine the index. This gives them a certain right that they can continue their education later or work in a certain specialty. From this point of view, "maturity" serves as an indicator that determines the qualitative and quantitative characteristics of reaching a certain stage, phase, limit of development with a certain accuracy[16].

The issue of a person's readiness for marriage and family life is a very complex indicator that has an individual character that cannot be measured by any strict standard . The above-mentioned factors show that pre-marital factors are usually complex problems . In the psychological literature dedicated to the social and psychological problems of the modern family, various forms and manifestations of premarital factors are distinguished[20]. Below we bring to your

attention the information about some of them: Among the pre-marriage factors, the young people who are starting a family: the maturity of the family: their motivations for starting a family: the period of time they have known each other before starting a family (how long they have known each other), the conditions and conditions : their visions of their future family life can be included. Of course, each of these factors can have a different character in different young people , while each of them, in turn, is differentiated into several types. For example, when it is called maturity for marriage, it is possible to distinguish aspects of maturity of young people who are building a family: physical (physiological), sexual, legal, economic, spiritual-moral, psychological. Among them, the indicators of legal and sexual maturity have sufficiently clear symptoms and signs, and there is a lot of information about them in the relevant legal, medical, and psychological literature, while the economic, moral, and psychological aspects are a little more complicated. , a fixed indicator, characterized by the fact that it does not have a limit[23]. For example, a person's sexual maturity has its own factors. According to clinical observations, sexual maturity (puberty) in modern girls is 12-14 years old, and in boys 14-16 years old[19].

Of course, this maturity can happen earlier in some children and later in others. These values may vary by  $\pm 2$  years. Some medical scientists believe that it takes another 2-3 years for children to reach full sexual maturity . Puberty leads to the formation of strict sexual needs. By this period, secondary sexual symptoms begin to appear in children . The activity of the sex secretion glands increases. Monthly cycles (menstruation) in girls, pollutions in boys[17].

In other words, puberty begins in them. So, by this period, along with the growth of material and spiritual interests of children, sexual needs are considered to be powerful sources of personal activity, and it begins to manifest itself in various psychological and social forms. 30 The emergence of sexual desire and sexual need is a specific stage of a person's biological development. They greatly affect the development of the child's psyche, the formation of his personality and other aspects of life[22].

In conclusion, we can say that today in our country, great attention is paid to young people, their education and professional development. But these alone are not enough for the prosperity of young people's future life , but it is becoming a demand of the times to provide them with psychological knowledge and concepts from the lessons of family life. Because only in a family with a healthy psychological environment, it is possible to bring up a future generation that is perfect and suitable for the



country [18]. Based on this point of view, our attention to this issue has become a demand of the time, and its relevance is shown in practical life experience. If we pay attention to the statistics of 2021, every sane person understands that the separation of 30,000 families in 11 months is a great threat to the fate of the nation and the future of the state. If we assume that every separated family has 2 children, 60,000 children will grow up in the wrong family. It is natural that this situation has a very bad effect on the psyche of the child. Today, our efforts to drastically reduce the number of children with difficult education in school and community life are becoming ineffective.

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