



## **SPIRITUALLY MATURE YOUTH IS THE WEALTH OF SOCIETY**

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<b>Received:</b> June 6 <sup>th</sup> 2021 <b>Accepted:</b> June 21 <sup>th</sup> 2021 <b>Published:</b> July 26 <sup>th</sup> 2021	The essence of the concept of a spiritually mature person leads young people to righteousness, honesty, purity, patriotism and humanity, goodness, high morality, and such concepts are discussed.
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At all stages of the development of human society, the education of young people has been and will remain one of the new issues. This is because as development progresses, so do the demands and needs. However, life itself shows how much difference there is between the worldview of young people ten years ago and the worldview and life processes of today's youth. The process of upbringing is always a process that continues to take shape. Especially in today's era of globalization, it is important to emphasize the need for spiritual education of our youth. Without a spiritual upbringing of our youth, neither a high society nor the rule of law can be built. In this regard, in the work of our President; "As we do our best to ensure that our people are not inferior to anyone in the world, that our children are stronger, more educated, wiser and, of course, happier than we are, the issue of spiritual education is undoubtedly of paramount importance. If we lose our vigilance and sensitivity, determination and responsibility in this matter, and leave this very important work to its own devices and selfishness, we may lose our spirituality, our historical memory, which is rooted and nourished by our sacred values, and eventually deviate from the path of universal development.

Man has always strived for goodness, spiritual heights, to live a good life, to leave a good name and life-giving values for future generations. As we have set ourselves the slogan of building a democratic society, leaving us a free and prosperous homeland, the main factor in achieving these great goals is to bring up perfect people<sup>1</sup>. Our tasks in the field of spirituality and enlightenment are called to achieve this noble goal. The upbringing of spiritually mature people is of both national and universal importance for us, and this issue is one of our priorities at the national level. The President said: "... if we lose our spirituality, we lose ourselves and our identity. If we raise our morale, we will find a strong support to achieve our goals".

The essence of the concept of a spiritually mature person is to guide young people to righteousness, honesty, purity, patriotism and humanity, goodness,

high morality. The history of mankind shows that only a state with strong faith, moral qualities, spirituality, a sense of national responsibility, spiritually mature people can develop independently and sustainably, make a worthy contribution to world civilization. In other words, only a spiritually mature person can elevate his people, his Motherland. Therefore, our main task is to bring up a spiritually harmonious and healthy generation. As our President said, we must raise a healthy generation. By a healthy person we mean not only physical health, but also a person who has matured in the spirit of Eastern morality and universal ideas.

Spiritual perfection is characterized by a person's worldview, beliefs, psyche, norms of behavior, morals. A spiritually mature person is not indifferent to the fate of the people, the well-being and stability of the Motherland. His scientific and practical activities and thoughts have always focused on the peaceful coexistence of his people. Our main task today is to bring up such mature people. In the words of our President; "... we must bring up free, well-rounded people who recognize their rights, rely on their own strength and capabilities, take an independent approach to the events around them, and at the same time see their personal interests in line with the interests of the country and the people."

A spiritually mature person does not pursue a career, fame, does not bend when faced with difficulties, is patient, enterprising, and sets an example for others in every field. People who do not respect the history, values, language, destiny, independence of their people cannot be called perfect people, and such people will not benefit from the welfare of the Motherland. Aziziddin Nasafy, a 13th-century mystic, wrote in his book *The Perfect Man*: Let the following four things be perfected: good words, good deeds, good morals, and education".

In short, in order to create a gap in the spiritual world of our youth, we need to instill in their hearts and minds a healthy lifestyle and a sense of respect for national and national values from childhood. Toki



to make our young people people who have a deep understanding of their national identity, as well as the world, and keep pace with the times.

sin. Then neither the "call" of the ignorant fanatics nor the ideas that reject the notions of morality, which are completely foreign to us, will be able to influence them.

The more positively our society has an impact on the formation of a harmoniously developed person, the more effectively a harmoniously developed person has an impact on the development of society. The free environment in society, opportunities for the development of human talents and abilities, the practical guarantee of his constitutional, legal rights are the most important and necessary factors in the formation of a harmoniously developed person. In the absence of such factors, a spiritually mature person cannot grow up.

Therefore, socio-political, economic, spiritual and educational activities aimed at educating a spiritually mature person in our country have risen to the level of state policy and have been identified as a priority in building a democratic state and civil society. "Where indifference and indifference prevail, where the most pressing issues are left to selfishness, spirituality becomes the weakest and weakest point. And vice versa - where vigilance and zeal, high intelligence and thinking prevail, then spirituality will become a powerful force," said the President.

The independence of our country, the right of our people to self-determination, the further prosperity of our country, the growth of its prestige in the world, the formation of patriotic, hardworking, highly moral, knowledgeable, selfless, spiritually mature people. Wise use of these opportunities, in the future our country will be known not only for its developed economy, strong defense capabilities, but also for its wonderful, kind-hearted, selfless and well-rounded people. We are convinced of this and will work tirelessly for this noble goal.

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