



## THE IMPORTANCE OF THE CONCEPTS OF TRUTH AND JUSTICE IN SHAPING A PERSON'S SPIRITUAL IDENTITY

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Article history:	Abstract:
<b>Received:</b> 20 <sup>th</sup> February 2025 <b>Accepted:</b> 10 <sup>th</sup> March 2025	The article discusses the importance and necessity of the concepts of truth and justice in shaping a person's spiritual identity and establishing high morality in society. It also provides insights into the spiritual content of truth.
<b>Keywords:</b> Spirituality, Values, Purification, Mentality, Truth, Justice, Conscience, Family, Nation, Society.	

«If the body of society is the economy, its soul and spirit are spirituality. Since we have decided to build a new Uzbekistan, we rely on two strong pillars. The first is a strong economy based on market principles. The second is a strong spirituality based on the rich heritage of our ancestors and national values».

– *Shavkat Mirziyoyev*

### INTRODUCTION.

**Spirituality** is a broad concept, representing the system of values that form and develop through human relationships and life experiences. Our First President, Islam Karimov, in his work «*High Spirituality – Invincible Power*», emphasizes that this concept, closely connected with human consciousness and mentality, holds immense importance in the life of every individual, society, nation, and people, an importance that cannot be measured by any other means. He defines spirituality as «the incomparable force that urges a person to spiritually purify themselves, grow in heart, strengthens their inner world, will, and faith, and awakens their conscience. It is the standard of all their views».

Indeed, spirituality becomes ingrained in a person's blood and bones over the years, through mother's milk, family upbringing, ancestral teachings, a sense of patriotism, and life's sometimes bitter, sometimes joyous lessons. In general, the history of humanity clearly proves that spirituality is the great wealth and source of strength and power for an individual, people, society, and state. Without spirituality, there can never be humanity, love, kindness, happiness, and prosperity in this life. On Earth, as many people as there are, each one has their own spiritual world.

**DISCUSSION AND RESULTS.** In the early years of our independence, the first President of Uzbekistan, I.A. Karimov, introduced the principle of «Reforms are not for the sake of reforms, but for the sake of the human being», and it was consistently implemented. Any reform or innovation must primarily be realized through the consciousness, thinking, heart, and emotions of individuals, and it is essential to understand the philosophical meaning of the concepts of truth and justice in shaping the spiritual image of human society.

To achieve this, it is necessary to first prepare people for reforms, create conditions for them to realize their full potential, and provide freedom. This, in turn, requires relying on spiritual and moral foundations, liberating society, and deepening democratic principles. In other words, before establishing spiritual life in society through the criteria of truth and justice, it is important to understand spirituality itself and define its place and significance in human society.

To establish the high spiritual world of a person, it is necessary to properly understand and comprehend the criteria of truth. Truth is the reality of the present moment, the ongoing process, and a phenomenon reflecting an important aspect of existence. As a high spiritual concept, it represents the goal achieved in the process of knowledge and the meaning expressed in that goal. In other words, truth implies absolute correctness, the correspondence of knowledge to the world, clarity, and authenticity.

Furthermore, truth is the opposite of falsehood, representing correctness, justice, and things and events that are clear and transparent. While truth is more related to reason and thinking, correctness, goodness, and kindness are linked to spirituality. In fact, the concept of «truth» encompasses, in its broad sense, both objective truth and moral rightness, as well as accurate and correct results. Finding the truth, striving to achieve it, and understanding it is an important task of science, spirituality, and ethics. To know the truth, comprehend it, and achieve the correct result spiritually enriches a person, helping them to act more precisely in their practical activities.

The spiritual content of truth is expressed through terms such as «justice», «correct», «fairness», and «righteousness», while its opposite is reflected in



concepts like «injustice» and «falsehood». Falsehood is not merely the opposite of truth. A person who speaks a lie is like one who interferes with human freedom and will, directing them towards a limited understanding of reality. Indeed, distorting and hiding the truth, calling the truth false, always serves deceit and injustice. Disrespecting the truth and indifference toward it lead to disrespect for society and people, creating indifference toward the events of life and their meaning. Not knowing the truth is an error, but failing to consider it can lead to ignorance and self-delusion. This can harm the spiritual stability of society.

As we know, today the world is witnessing intense struggles and competition, with conflicts of interests becoming more pronounced. The process of globalization brings with it not only unprecedented opportunities but also unforeseen challenges for humanity. The threats and dangers against national identity and spiritual values are increasing. Selfishness, a light approach to work and family, and a consumerist mindset are being skillfully embedded into the consciousness of people, especially the youth, through various channels. This has a negative impact on the worldview of young people and their spiritual world.

Spirituality plays an immensely important role in the lives of individuals, families, nations, and society as a whole. In terms of its significance and potential, it also forms the foundation of the economic and socio-political factors within society. Historical experience has shown that while it is possible to feed the hungry and clothe the naked, overcoming spiritual poverty within a generation is a complex problem. This is because the inner strength of a person determines their actions and goals. From this perspective, to address the «human-society» issue today, to humanize all of humanity, to elevate the nation as a great value of humankind, and to rationally solve the economic, social, and political problems in society, spirituality and the understanding of truth are essential. Through these, we can achieve solutions that benefit humanity as a whole.

The importance of truth in shaping an individual's high spirituality can be explained through the following factors:

**First**, in shaping high spirituality, it is not merely about controlling people's worldview and thinking through truth, but rather about enriching and filling their understanding with new meaning and content. This, first and foremost, allows people's worldview and thinking to have the correct relationship with reality.

**Second**, through knowing and understanding truth, people develop the ability to comprehend the real state of events and phenomena, form a conscious attitude

towards the social, political, and economic processes observed in nature and society, and enhance their capacity for evaluation.

**Third**, truth creates a strong immunity to fight against the anti-culture, hidden threats that humiliate and degrade human beings, disguised as «mass culture», with its tastelessness, immorality, and negative influence on society.

**Fourth**, the lack of understanding and knowledge of truth results in the rise of foreign ideologies that are contrary to our values, as well as an increase in immorality and spiritual poverty. It is crucial to distinguish truth from falsehood in the fight against harmful ideologies trying to infiltrate the minds of youth, promoting immorality and spiritual degradation, and the methods and means used to achieve their corrupt goals.

#### **CONCLUSION.**

In conclusion, one of the most important factors for the stability of society and the state is undoubtedly found in the spiritual image of human society. Through truth and justice, individuals gain knowledge that accurately reflects the real state and content of things and events that align with objective reality. Truth expresses people's relationship with reality and the actual content of things and events. High spirituality, on the other hand, manifests in each person's actions, their understanding of themselves, their place in the family and society, and their relationship with the nation and homeland. This, in turn, indicates that truth and justice are part of a high spiritual process. In this process, an individual matures and moves toward spiritual perfection.

Where truth and justice are not established, there can be no spiritual life or social and ideological stability. This leads to the decline of society and the widespread spread of such vices as lies, injustice, and unfairness among people. Therefore, in every person's life, as well as in the stability of society and in all other spheres, the issues of truth and justice are of paramount importance. When these values are prioritized, the individual, life, and society will always thrive and prosper.

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**World Bulletin of Social Sciences (WBSS)**

**Available Online at:** <https://www.scholarexpress.net>

Vol. 42, March 2025

**ISSN:** 2749-361X

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