



## THE ROLE OF RELIGIOUS SPIRITUAL VALUES IN YOUTH EDUCATION

**Gulchehrakhon Numonovna Eshanova,**

Associate Professor of the National Pedagogical University of Uzbekistan named after Nizami, Doctor of Philosophy (PhD) in Philosophy

E-mail: [eshanova\\_gulchexraxon@uznpu.uz](mailto:eshanova_gulchexraxon@uznpu.uz)

Article history:	Abstract:
<b>Received:</b> 24 <sup>th</sup> March 2026 <b>Accepted:</b> 20 <sup>th</sup> April 2026	The article discusses the role and importance of religious values in the spiritual development of people. It discusses the essence of religious values, such as humanism, morality, spiritual purification, and social order. It discusses the content of values in the Holy Quran and hadiths. It discusses issues of values in social life. It discusses the importance of Islamic values in shaping the spiritual worldview of young people

**Keywords:** Islam, spirituality, morality, values, spiritual purification, cultural heritage, faith, belief, mosque, pilgrimage site, enlightenment, respect for parents, peace, tolerance, patience, gratitude, compassion.

**INTRODUCTION.** In the current era of globalization, the issues of human spirituality, moral values and religious heritage are becoming more urgent. Society's stability, peace and development largely depend on the spiritual maturity of people. From this point of view, religious and spiritual values appear as an important factor in human development.

The relevance of the topic is that today it is necessary to "provide objective knowledge about the history, stages of development and modern trends of various religious beliefs and teachings; to ensure an environment of respect, tolerance and understanding for different religions, cultures and worldviews; to develop and strengthen their ability to educate, instill morality and aesthetics while maintaining religious tolerance in the training and selection of teaching staff [1.2.].

Religious values are a set of ideas, norms and principles formed within the framework of a certain religion, ensuring the moral, spiritual and spiritual development of a person.

**DISCUSSION.** The concept and essence of religious and spiritual values are an important social phenomenon associated with a person's inner world, beliefs, moral views and lifestyle. They are distinguished by the following features:

Morality is the promotion of concepts such as goodness, honesty, justice, kindness and benevolence

Spiritual purification - encourages a person to spiritual growth;

Social order - regulates relationships in society; Religions promote values such as goodness, honesty, justice, and compassion. They serve to maintain moral order in family and marriage relationships. Balance is created in society through concepts such as helping the poor and not oppressing.

Cultural heritage - is passed down from generation to generation.

Mosques can be cited as an example in this regard. It is narrated from the Messenger of Allah (peace be upon him). He said: A prayer in the Medina Mosque is equal to ten thousand prayers, a prayer in the Al-Aqsa Mosque is equal to a thousand prayers, and a prayer in the Sacred Mosque is equal to a hundred thousand prayers. [2.18.] In Islam, praying in the mosque and worshiping Allah is passed down from generation to generation among Muslims. Also, as a sacred place of worship, the Kaaba is the greatest and most sacred of mosques. is counted and every Muslim tries to visit it in order to purify himself.

**RESULTS.** Religious values shape not only a person's personal life, but also his social relationships.

Religious and spiritual values can be divided into several groups:

Moral values - such as; Honesty, Truthfulness, Justice, Patience.

The meaning of Islam is "surrender", "surrender oneself". Accordingly, the good and bad things that happen in a person's life should be considered as tests determined by Allah for him. Being grateful for good things and being patient with difficulties and hardships are one of the conditions of faith.

The following can be mentioned as spiritual values.

Faith, Repentance, Thanksgiving, Trust.

Faith is - The literal meaning of the word Faith is to believe, to affirm, and it means saying the words "La ilaha illallahu Muhammadun rasulullah" (There is no god but Allah and Muhammad is his Messenger) with the tongue and affirming it with the heart.

Faith includes 7 beliefs –

1. Belief in Allah,
2. His angels,



3. His holy books,
4. His prophets,
5. The Last Day,
6. Destiny, and
7. Resurrection after death.

Gratitude is half of faith. Living in gratitude for the blessings of Allah is also a spiritual value.

The following can be mentioned as social values.

Mutual respect is respect for parents.

Respect for parents is mentioned in the hadiths, according to which a person asked the Prophet: "O Messenger of Allah, to whom should I do good?" The Prophet (peace and blessings of Allah be upon him) said: "To your mother, your father, your sisters, your brothers, and those close to you. This is an obligatory duty and a bond of kinship that should not be broken." [3.29.]

Likewise, he asked about charity: "Shall I tell you the greatest charity?" Sarasa said: "O Messenger of Allah, tell me!" The Messenger of Allah said: "The greatest charity is that which you give to your daughter who has left her husband and returned to you and has no guardian other than you." [4.28.]

Neighborly relations are also shown as a high moral value in Islam. "O Messenger of Allah! I have two neighbors, to which of them should I give the gift?" I asked him, and he said, "Give it to the one whose door is closer to you." I asked Hasan al-Basri (may Allah have mercy on him) about the closest neighbors, and he said, "The one who is closer to the front of the house, the one who is closer to the back, the one who is closer to the right, and the one who is closer to the left are all considered neighbors." [5.48.]

There is also the matter of helping and generosity, which in Islam is social protection.

Zakat means "purification," meaning that 1 percent of 40 is given as charity, in addition to one's needs. Abu Hamid al-Ghazali explained the rules of giving and receiving zakat in his book "The Secrets of Zakat and Fasting." According to him, the first thing that a person who gives zakat should do is to make an intention in his heart. It is better for you if the charity is given secretly. It is written that some gave it to a blind person, while others put it in a place where a poor person would pass by and sit, where he would see the charity and not feel the giver. Some would throw it on the clothes of the poor person who was sleeping, and still others would give it to the poor person from someone else's hand.

Because the knowledge of the poor person is a show of favor and gratitude. Because zakat is to eliminate stinginess and weaken the love of wealth. Another of the Shari'ahs of zakat is that one should not nullify his

charity with gratitude and harm. "Do not nullify your charity with gratitude and harm!"

When it is said what gratitude is, it is to speak with Him in mind. It is also said that gratitude is to serve by giving, and harm is to accuse him of poverty. It is also said that gratitude is being arrogant towards the one who has received something because of giving, blaming and belittling the one who has been asked for something. [6.34.]

These values serve to create a healthy environment in society. They are seen by the public so that no one suffers from hunger or poverty.

Also, in the country and time when Islam first emerged, a family in which a girl was born would mourn and bury her alive so that she would not cause honor and economic hardship later.

The Holy Quran strongly condemned and forbade these customs. In Muslim families, when a girl was born, there was more joy than when a boy was born. Those who raised girls well were given more promises than those who raised boys.

In Islam, Islamic values are widely spread in the hadiths, as the second source after the Quran.

The following is said about this in the hadith: "The Messenger of Allah (peace and blessings of Allah be upon him) said: "Whoever has three daughters and is patient with their hardships and hardships, Allah will admit him to Paradise because of His mercy towards them."

A man asked: "What if he has two daughters, O Messenger of Allah?"

He said: "Even if he has two daughters."

A man asked: "What if he has one, O Messenger of Allah?"

He said: "Even if he has one."

A society in which women are treated and respected is a cultured society.

Religious values perform the following important functions in the life of society:

They perform an educational function. They also educate the younger generation to be moral, enlightened and responsible.

They perform a unifying function. They unite people in society around common values.

They serve to ensure stability. They strengthen peace and harmony between people in society.

ASSALAMU ALAIKUM (Arabic: peace and blessings be upon you) is a greeting used by Muslims when they meet. The recipient of the greeting replies with "Wa alaikum as-salaam" ("Peace and blessings be upon you too"). Assalaamu alaikum is given to Muslims they know and those they do not know. The younger generation greets the older generation, the person riding a camel



greet the pedestrian, the person walking greets the seated, and the minority greets the large crowd. Assalaamu alaikum is also said when entering a large crowd and sitting down. Saying Assalaamu alaikum is Sunnah, while responding is obligatory. Assalaamu alaikum is also a sign that the prayer of a person praying has ended. [7.34.]

The upbringing, education, and culture of girls, as well as everything necessary for their survival and growth, are the father's obligations. The father is relieved of this obligation only after the girl gets married, because now this obligation has passed to the husband. The maintenance of a woman who has no father or husband is obligatory on her brother or other persons who take his place. In general, in Islam, a woman cannot be left without maintenance. A girl's maintenance is obligatory on her father, a wife's on her husband, a sister's on her brother, and a mother's on her son.

Islam gave women the right to education and to improve their cultural level and made men responsible for this. We know very well that the pursuit of knowledge is equally obligatory for men and women, and that a person who educates and raises his daughters and sisters is entitled to paradise. However, not all of us know that this duty also applies to slave women.

We must pay attention to the upbringing of young people in the formation of spiritual immunity.

It increases the ability to resist foreign ideas and spiritual crises.

The importance of religious values is important in modern society.

Today, the flow of information, cultural influences and global processes have various effects on human spirituality. Therefore:

religious values protect a person from a spiritual crisis; form the correct worldview in the minds of young people;

create an educational foundation against extremism and radicalism.

At the same time, it is important to correctly understand religious values and use them wisely.

Religious and spiritual values should be paid attention to in Uzbekistan.

During the years of independence, Uzbekistan paid great attention to the restoration of national and religious values. For example:

historical mosques and shrines were renovated; religious educational institutions were developed; the policy of tolerance and interethnic harmony was strengthened.

These processes serve to enhance the spirituality of society.

Also, the concept of value in religion is also determined by religious events, incidents, and processes. Regarding the issue of value, for example, in the Surah "Al-Qadr" in the Holy Quran, it is said:

"In the name of Allah, the Beneficent, the Merciful.

1. Indeed, We sent it down (the Quran from the "Al-Lawh al-Mahfuz" to the first heaven) on the Night of Power.

2. What will make you know what the Night of Power is?!

3. The Night of Power is better than a thousand months.

4. On that (night) the angels and the Spirit (Jibreel) descend (from heaven to earth) with all the (plans) of the affairs (to be done during the year) by the permission of their Lord.

5. It is (the night) of health until the dawn." [8.598.]

Based on this verse, the twenty-seventh night of Ramadan has taken on a sacred meaning for Muslims in Islamic culture. Many artists have created works called "Mi'raj." Also, the Holy Quran says: "Let the pilgrims circumambulate the "Old House" (the Kaaba)!" [9.335.] It is said that in Muslim culture, the Kaaba in Mecca is considered a sacred value, and images of the Kaaba are created by many artists.

Many of the moral virtues of the Prophet Muhammad (peace be upon him), his attitude towards his family, children, and friends have also become values that have educational significance in the hadiths.

Thus, positive virtues in the spiritual world of man are considered spirituality, and spirituality is considered an attribute of God. These spiritual divine values and standards were integrated into the works of art and served as an important factor in the development of the individual in the form of objectification of the spiritual culture.

**CONCLUSION.** Religious and spiritual values are an integral part of human life and play an important role in the development of society. They lead a person to spiritual maturity, regulate social relations and ensure peace in society.

Even today, the importance of Islam is important and multifaceted. It plays an important role not only as a religious belief system of people, but also in the spiritual maturity of a person, moral education and ensuring the stability of society.

In short, Islamic values call our youth to honesty, justice, tolerance and patience in the life of society. It also fills the spiritual void and protects young people from foreign destructive ideas. It strengthens peace, mutual respect and harmony in society. It serves them by harmonizing national and universal values in the current globalization conditions.



Today, Islam continues to demonstrate its importance as a spiritual value in people's lives, maintaining its positive impact on the development of society. Therefore, preserving religious values, correctly conveying them to the younger generation, and integrating them with modern life are important tasks.

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